



2014 ALL STAR PACKET

The following information is enclosed in this packet:

1. All Star Flyer
2. Coaches' Information
3. Volunteer Coordinator Information
 - a. Coordinator Responsibilities
 - b. Day of the Meet Schedule
 - c. Warm-up Assignments

Sleepy Hollow Swim Team is supplying most of the volunteers to run the All Star meet. We will need volunteers in the following areas:

- Assistant Referee
- Relay Exchange Judge
- Stroke and Turn Judge
- Gatekeeper
- Timer
- Clerk Of The Course

Please review the [All Star Volunteer Schedule Google Doc](#) to assign your volunteers to the needed positions. Each team has been designated a color. Look for your team's color in the legend and fill those positions on the doc. [CLICK HERE](#) Please have final team assignments completed by **Monday, June 16th**. Please email Amy Tarantino at amy.tarantino@comcast.net with any questions.

**2014 ALL
STAR MEET**
MARIN SWIM LEAGUE

SATURDAY, JUNE 21, 2014

Sir Francis Drake High School Pool
1327 Sir Francis Drake Blvd, San Anselmo, CA 94960

10:15-10:45 AM WARM-UP
11:00 AM START TIME

“Q” TIMES are posted on the MSL website

ALL STAR Meet will be run like a DUAL MEET

No whistle starts and we will NOT have touch pads this year.

MEDALS will be awarded to 1st – 4th place and relays 1st – 4th place

RIBBONS will be awarded to 5th through 8th place



Coaches' Information

- **Warm Ups:** 10:15 am-10:45 am
Each team has been assigned a specific lane for warm-ups. See pool configuration chart on the next page of this packet.
- **Meet Begins:** 11:00 am
- **Meet Format:** Standard Dual Meet Format
- **Entries:** Entries are **due by Tuesday, June 17th at 6:00 pm**. Qualifying swimmers may enter up to three individual events. Please email your team entries to **John Nolan at powrov2@gmail.com**. Deck seeding will be done for our 15-18 group. All 15-18 swimmers swimming Free or Back need to check in by 10:30 am and check in for 15-18 breast, fly & IM no later than 11:30 am. There will be a check-in table inside the gate entrance to the pool.
- **Estimated End Time:** 2:00 pm. Coaches should go to the Computer Desk at the end of the meet to pick up their MSL Medals & Ribbons.

Medals will be awarded to the 1st through 4th place relays, 1st through 4th place boys and girls separately and ribbons to the 5th through 8th place boys and girls separately.

Pool Protocol

- Pre-meet warm-ups begin at 10:15 am. All entry into the pool will be from the block side of the pool. Coaches must be present on that side of the pool throughout the warm-up period. The pool will be cleared at 10:45 am.
- A “Whistle Start” will NOT be utilized during this meet.
- Touch pads will NOT be utilized for this meet.
- Eight lanes of the pool will be used for the meet.
- Fly Over Starts will be used.

Pool Configuration

Team Warm-ups

Meet Desk Area

Deep End

B L O C K S	Gutter Lane	B L E A C H E R S
	Lane 1: Orcas	
	Lane 2: Tidalwaves	
	Lane 3: Rolling Hills	
	Lane 4: Marinwood	
	Lane 5: Novato	
	Lane 6: Swimarin	
	Lane 7: Strawberry	
	Lane 8: Sleepy Hollow	
	Lane 9: Lucas Valley	
	Lane 10: Scott Valley	

Shallow End

Entry Gate

2014 Marin Swim League All Star Meet

Saturday, June 21, 2014

Sir Francis Drake High School Pool

10:15-10:45am warm-ups 11:00 am Meet Start

Team Volunteer Coordinator Instructions

(Please make copies for your Team)

Dear All Star Volunteer Coordinator:

Thank you for volunteering to help with this year's MSL All Star Meet. Since this is an All Star meet, please make sure you assign parents who are experienced in the position they have been assigned.

This will help the meet to run smoothly. On the day of the meet, you or your designated rep should be available to recruit last-minute volunteers from your team.

The All Star Volunteer Coordinator's responsibilities include:

- Recruit parent volunteers for the jobs your team has been assigned (including alternates).
- Communicate the names/contact information of your volunteers to the Meet Director. We will email you soft copies of the Volunteer forms for your reference. **These volunteer forms will also be posted on the MSL website at www.marinswimleague.org . Adds, moves and changes should be affected through the MSL page.** Please complete your assignments **no later than Monday, June 16th.**
- Be the single point of contact between the MSL and your team. On the morning of the event you will receive a team packet with coach's heat sheets, snack bar vouchers and an invoice.
- Check in at 9:30 am on the day of the meet and be available throughout the meet to fill in last minute needs (which always happens!).
- **Bring at least four working stopwatches** (in case of Colorado System failure).

The All Star meet is essentially a large dual meet. We have the same jobs that are required for any dual meet with just a few exceptions. We have listed descriptions for jobs that teams have been assigned to. We will be swimming in 8 lanes. Each team has been assigned a specific lane for warm-ups. Please see Pool Configuration chart enclosed in this packet. A complete list of the volunteers will be available at the meet.

Logistic Details:

- **Meet start time is 11:00 AM.** Warm-ups begin at 10:15 am.
- **NO "Whistle Start" for this Meet.**
- **There will NOT be touch pads this year.**
- **Fly Over Starts will be utilized.**
- **The meet should end by 2:00 PM.**

Our sincerest thanks for your efforts in making the 2014 MSL All Star meet a great success.

Sincerely,

Amy Tarantino

2014 All Star Meet Director

amy.tarantino@comcast.net, 415-505-6393



Day of the Meet Schedule

Facilities Set-Up and Opening - 8:00 am

- Set-Up crew reports to Whitney Wyatt and Craig Dow in front of entry gate.
- SHST will be providing ALL SET-UP Volunteers.
- Snack Bar and T-Shirt concession set up begins. SHST running both.

Team Volunteers - 9:30 am

- Sign in at the Volunteer Desk just inside the double-door entryway into the pool and receive team packets (heat sheets, coaches snack bar vouchers, volunteer name tags and invoice).

Pool Supervision - First and Half- 9:45 am

- Lifeguards and Gate Keepers meet in front of the restrooms.

Colorado Desk - First Half- 10:00 am

- Head Computer Rep calls meeting of all First Half Colorado Desk workers to help set up equipment and ensure all connections are working. Meet at the deep end of the pool.

Officials - First Half 10:00 am

- First Half Referee calls meeting with other Officials: Stroke & Turn Judges and Runners, Starter and Back-Up Starter. Meet at deep end of pool in coache's area.

Timers - First Half 10:15 am

- Meet at the deep end blocks. See volunteer Google Doc for lane assignment.

Colorado Desk & Ribbons - Second Half 12:30 pm

- Check in with the Desk; they will give you a better idea of when to be back there.

Officials - Second Half - 12:30 pm

- Second Half Referee calls meeting with other Officials: Stroke & Turn Judges and Runners, Starter and Back-up Starter. Meet at the deep end of the pool.

Timers - Second Half - 12:30 pm

- Meet at the deep end blocks. See volunteer Google Doc for lane assignment.

Clean-Up Crew 1:45 pm

- Clean-up volunteers report in to Whit Wyatt at deep end of pool by diving board.