

2015 CHAMPS SCHEDULE OF EVENTS

Start Time of Events (times are approximate only)

SWIMMERS: Please check-in with your team/coach at least – 60 mins. before each event

Morning Program (10 & Under)

Afternoon Program (11 & Up)

TIME	AM SHALLOW END	AM DEEP END	TIME	PM SHALLOW END	PM DEEP END
6:30 TO 7:15	WARM UP	WARM UP	1:00 TO 1:45	WARM UP	WARM UP
7:30		<u>MIXED MEDLEY</u> RELAY 8&U 9-10	2:00		<u>MIXED MEDLEY</u> RELAY 11-12 13-14 15-18
~7:45	GIRLS 8&U FREE BOYS 9/10 FREE GIRLS 8&U BACK BOYS 9/10 BACK	BOYS 8&U FREE GIRLS 9/10 FREE BOYS 8&U BACK GIRLS 9/10 BACK	~2:15	GIRLS 11/12 FREE BOYS 11/12 FREE GIRLS 11/12 BACK BOYS 11/12 BACK	GIRLS 13/14 FREE BOYS 13/14 FREE GIRLS 15-18 FREE <u>BOYS 15-18 FREE</u> GIRLS 13/14 BACK BOYS 13/14 BACK GIRLS 15-18 BACK BOYS 15-18 BACK
10 min	***BREAK***	***BREAK***	10 min	***BREAK***	***BREAK***
~10:00	GIRLS 8&U BREAST BOYS 9/10 BREAST GIRLS 8&U FLY BOYS 9/10 FLY	BOYS 8&U BREAST GIRLS 9/10 BREAST BOYS 8&U FLY GIRLS 9/10 FLY	~3:30	GIRLS 11/12 BREAST BOYS 11/12 BREAST GIRLS 11/12 FLY BOYS 11/12 FLY	GIRLS 13/14 BREAST BOYS 13/14 BREAST GIRLS 15-18 BREAST BOYS 15-18 BREAST GIRLS 13/14 FLY BOYS 13/14 FLY GIRLS 15-18 FLY BOYS 15-18 FLY
~11:00	GIRLS 8&U IM BOYS 9/10 IM	BOYS 8&U IM GIRLS 9/10 IM	~4:30	GIRLS 11/12 IM BOYS 11/12 IM	GIRLS 13/14 IM BOYS 13/14 IM GIRLS 15-18 IM BOYS 15-18 IM
~11:30		MIXED FREE RELAY 8&U 9-10	~5:00		MIXED FREE RELAY 11-12 13-14 15-18
12:00 Noon	8&U and 9-10 AWARDS CEREMONY		5:45 PM	11-12, 13-14, 15-18 & FULL TEAM AWARDS CEREMONY	

***Timers, Stroke & Turn, and Lane Marshalls switch during this time.

NOTE: The pool is closed from 11:45-12:45 during the change-over from AM to PM meet.